



## Message to the Sangat from Sadhu Ram Ji

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"Do not think that He is gone. He is Himself doing everything, and we will be able to see this reality with our own eyes if, making our life honest, pure, simple, and straight forward, we put in more time for Simran and increase it daily. This is the order of my Guru and this is what all of us must understand and start acting upon from now onwards, even if not done earlier." - Sadhu Ram Ji

The duty of each one of us in the Sangat of our great Guru Baba Ajaib is to love, respect and recognize each other, help each other in times of need, not have any ill will or bad feeling, because He is seeing us all, and would shower His grace only if we are strong, united, disciplined and helpful to each other. Nothing hurts Him more than the disputes and dissensions amongst us.

Mind you, our Satguru Baba Ajaib was as soft from outside as he was hard from inside. Our attitude, behaviour and conduct was sometimes very unbecoming and unwholesome, causing him offence and annoyance. Now let us put in all our efforts and energies to please Him. It is not difficult either. Obedience full and complete is the remedy. Let us not lag behind anymore because it does not cost us a penny to be polite, humble and loving, and this is something which will be an asset to us, here and hereafter, and more than everything else, help us please our Guru.

Doing the Simran and reaching the eye focus is our duty and has necessarily to be done by us not by any one else the earlier we do it, the better it would be. This would be completed only by doing it, and not by talking or conducting Satsang or by any other means.

Increase the time of meditation by one minute every day. After a month the time would have increased by thirty minutes and after a year by more than six hours. We must learn to A) seek forgiveness and B) grant forgiveness, both are not only important but inescapable, for achieving something on this path.

We must learn to tolerate each other in the family, Satsang and society, because firstly what we suffer is mostly on account of the past karmas - give and take, and secondly by inculcating tolerance and patience our inner progress is quickened. We must learn to respect and love the human beings before claiming to love God or the Guru.

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